



Companionship Care



About Us

At Caring Focus, Companionship Care offers friendship, conversation, and support to help you or your loved one feel valued and connected.

What is Companionship Care ?

At Caring Focus, our Companionship Care offers friendship and support to help you or your loved one feel connected and valued.

Our Companionship Care Services include:

- **Social Support** – Friendship and emotional connection.
- **Outings** – Help with appointments and errands.
- **Activities** – Hobbies, games, and light exercise.
- **Meals** – Shared meals and healthy eating support.
- **Family Respite** – Giving caregivers a break.

Why Families Trust Caring Focus:

- **Caring Carers** – Friendly, compassionate support.
- **Flexible Visits** – Tailored to your routine.
- **Personalised Plans** – Based on interests and needs.
- **CQC Regulated** – High-quality, trusted care.
- **Wellness Focus** – Supporting emotional and physical well-being.

Getting Started is Simple:

- **Contact Us** – Call or email to discuss your needs.
- **Free Home Visit** – Assessing your lifestyle and preferences.
- **Tailored Plan** – Personalised companionship plan.
- **Begin Visits** – Regular support from caring carers.
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Let us help you live well at home — with dignity and comfort 033 0133 5061

